

## PHYSICIAN EXAMINATION REPORT (FOR APPLICANTS OVER AGE 65 ONLY)

to be submitted directly to  
**Pacific Cross Insurance Company Limited**  
 c/o International Administrators Limited  
 11/F, O.T.B. Building, 160 Gloucester Road, Wanchai, Hong Kong, SAR  
 Tel: (852) 2573-2535 Fax: (852) 2573-2917 E-mail: inquiry@pacificcross.com

Note: Please complete in full and submit this form to Pacific Cross. Non-Pacific Cross Pre-Approved Doctors will need to submit board certifications and license information along with this report. The fee shall be refunded to the Policyholder/ Insured Person if the application is approved by the Company but the maximum amount shall not exceed US\$250.

### PART I ( TO BE FILLED OUT BY POLICYHOLDER/ INSURED PERSON

Name: Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Date of Birth (MM/DD/YY): \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Country of Citizenship: \_\_\_\_\_ Country of Residence: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

If Deceased, Cause of Death: \_\_\_\_\_ If Deceased, Cause of Death: \_\_\_\_\_

No. of Siblings: \_\_\_\_\_ If Any Sibling is Deceased, Cause of Death: \_\_\_\_\_

Medicare Coverage: YES  NO

This note gives the physician permission to report any medical information requested to Pacific Cross Insurance Co. Ltd. or its administrators.

\_\_\_\_\_  
Signature of Policyholder/ Insured Person

\_\_\_\_\_  
Date(MM/DD/YY)

### PART II (TO BE FILLED OUT BY PHYSICIAN)

#### II- A MEDICAL QUESTIONNAIRE: (Mark " Yes" or "No" and circle the specific item)

	YES	NO		YES	NO
1. Weight loss/weight gain for the past 6 months	<input type="checkbox"/>	<input type="checkbox"/>	6. Frequent/painful urination, change in caliber of urine/hematuria, passage of stone	<input type="checkbox"/>	<input type="checkbox"/>
2. Unexplained headache/dizziness, seizure, localized weakness or numbness	<input type="checkbox"/>	<input type="checkbox"/>	7. Abnormal vaginal discharge or bleeding, painful/abnormal menstruation, breast pain	<input type="checkbox"/>	<input type="checkbox"/>
3. Blurring of vision, recurrent rhinitis, sorethroat, ear discharge or decreased hearing sensation	<input type="checkbox"/>	<input type="checkbox"/>	8. Joint pain, non healing wound, change in color of extremities, claudication, cramps, edema	<input type="checkbox"/>	<input type="checkbox"/>
4. Painful swallowing, recurrent abdominal pain, change in bowel habit and caliber of stool, hematemesis, hematochezia or melena	<input type="checkbox"/>	<input type="checkbox"/>	9. Ecchymoses, petechia, easy bruisability, gum or nose bleeding	<input type="checkbox"/>	<input type="checkbox"/>
5. Chest pain, choking sensation, shortness of breath, easy fatigability, orthopnea or paroxysmal nocturnal dyspnea	<input type="checkbox"/>	<input type="checkbox"/>	10. Allergies, history of angioneurotic edema or any anaphylactic reaction	<input type="checkbox"/>	<input type="checkbox"/>

**ADDITIONAL INFORMATION:**

Details: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**SOCIAL HISTORY**

	YES	NO
SMOKING	<input type="checkbox"/>	<input type="checkbox"/>
ALCOHOL INTAKE	<input type="checkbox"/>	<input type="checkbox"/>
ANY FORM OF EXERCISE	<input type="checkbox"/>	<input type="checkbox"/>

Details: \_\_\_\_\_

Details: \_\_\_\_\_

Details: \_\_\_\_\_

**FAMILY HISTORY:**

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**PAST MEDICAL HISTORY** (confinements, previous illness, etc.):

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**II-B PHYSICAL EXAMINATION REPORT:** (Please comment on each area)

1. VITAL SIGN: BP: (SITTING) \_\_\_\_\_ (STANDING) \_\_\_\_\_ HR: \_\_\_\_\_ /MIN TEMPERATURE : \_\_\_\_\_ °C  
 HEIGHT: \_\_\_\_\_ cm WEIGHT: \_\_\_\_\_ kg
2. HEENT: EYES \_\_\_\_\_  
 FUNDOSCOPY \_\_\_\_\_  
 NOSE \_\_\_\_\_ NECK/THROAT \_\_\_\_\_  
 EARS \_\_\_\_\_
3. LUNGS: \_\_\_\_\_
4. BREAST EXAMINATION (for female): \_\_\_\_\_
5. HEART: \_\_\_\_\_
6. ABDOMEN: \_\_\_\_\_
7. EXTREMITIES: \_\_\_\_\_

**DIAGNOSTIC TEST RESULTS:**(copies of relevant results are required)

- A. CHEST X-RAY: \_\_\_\_\_
- B. 12 LEAD ECG: \_\_\_\_\_
- C. ROUTINE URINALYSIS (Micro): \_\_\_\_\_
- D. COMPLETE BLOOD COUNT (CBC): \_\_\_\_\_
- E. LIPID PROFILE: \_\_\_\_\_
- F. LIVER FUNCTION TEST (SGPT, SGOT, GGT, Alkaline phosphate, Bilirubins, Albumin): \_\_\_\_\_
- G. KIDNEY FUNCTION TEST (BUN, Creatinine, Uric Acid): \_\_\_\_\_
- H. THYROID FUNCTION TEST (T3 & T4): \_\_\_\_\_
- I. FASTING BLOOD SUGAR: \_\_\_\_\_ J. HbA1c: \_\_\_\_\_
- K. HEP TESTS (B & C): \_\_\_\_\_ L. HIV: \_\_\_\_\_
- M. PSA (MALE): \_\_\_\_\_ N. PAP SMEAR (FEMALE): \_\_\_\_\_

**ADDITIONAL TEST RESULTS** (to be done if indicated): (copies of relevant results are required)

- A. 2-D ECHO CARDIOGRAM WITH DOPPLER: \_\_\_\_\_
- B. TREADMILL STRESS TEST: \_\_\_\_\_
- C. BILATERAL MAMMOGRAPHY ULTRASOUND (for female): \_\_\_\_\_
- D. URINALYSIS (C & S): \_\_\_\_\_
- E. ABDOMINAL ULTRASOUND: \_\_\_\_\_
- F. ALPHA FETO PROTEIN: \_\_\_\_\_

**IMPRESSION:**

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Signature of Attending Physician

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Name of Physician

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Date (MM/DD/YY)